

Boys' volleyball: No. 1

By Miller Jozwiak

Everyone has seen “The Blind Side,” “Field of Dreams,” or “Remember the Titans,” but no sports story I’ve ever heard or seen has lived up to the 2012 season of Appleton North’s volleyball team, which culminated in their state championship victory on Nov. 10.

Coming off the 2011 season with a 28-6 record and losing only one senior, North was ready to take on the new season. The team started with a ranking they easily lived up to: number one. Not only did they dominate their way through the conference, they didn’t lose at any tournaments either, losing



NORTH PRIDE

A symbol of North’s victory, this hefty golden trophy is on display in the main office.

only eight of the 103 games they played. After finishing off a dynamite regular season, North began the playoffs with their first opponent the Kaukauna Ghosts. After beating the Ghosts three games to one, one thing was standing between the Lightning boys and their ticket to Milwaukee: the Papermakers.

Announced by senior and player Cameron Bush as “Operation take over Kimberly” to attract fans, it was one of the team’s biggest games of the season. With an entire set of bleachers filled with students and another set of bleachers filled with parents, the gym was deafening. An absolute domination and sweep 3-0 of the Papermakers ensued making the 2012 volleyball team the first to qualify for state since 2006. Earlier in the week before state, Ryan Albers told said “If you come to state I promise we won’t disappoint [after what happened].” The Sunday following



The team celebrates their victory after the game. Row 1: Ian Gerrity, Jake Ropella; Row 2: Clark Eagen, Brad Sternig, Rylan Albers, Connor Gross, Connor Seiler, Cameron Bush; Row 3: Coach Lathrop, Coach Maas, Mike Lucaszewich, Peter Dalgleish, Austin Nelson, Brandon Miller, Coach Zahn, Zach Beiser and Coach Maves. Photo by Kim English

the win over Kimberly, tragedy struck as Senior Drew Eastman’s father passed away. Immediately, multiple seniors sprung into action to support Drew and his

The team came into the season with a ranking they easily lived up to: number one.

family, making shirts for the state tournament with “t9” on them. The “t” stands for the cross and uniting together in a time of crisis while the 9 stands for Eastman’s num-

ber. On the Wednesday before state, 250 shirts were brought to school and all were sold, with the proceeds going to the Eastmans.

Appleton North fans stood united, in a sea of black T-shirts in support of the Eastman family, and despite being the only team in the tournament not from the Milwaukee area, North had the biggest parent and student section in the gym. The energy from the student section was through the roof; they erupted every time Connor Seiler spiked a ball into the floor during warm ups. A massive “B-Rad is rad” chant was let out every time Brad Sternig served ball.

The Lightning cruised their way through the tournament only losing a game per match.

Another victory for the Lightning was having Connor Gross be elected First Team All State and Wisconsin Player of the Year, Peter Dalgleish Second Team All State, and Ryan Albers and Connor Seiler being elected All State Honorable Mention. After being asked how it feels to be player of the year, Gross said “It feels great to be POY but it is definitely a team award.”

Junior Mike Lucaszewich summed it up: “Playing in the state tourney was one of the greatest experiences of my life.”

Russian delegation sees American education in action

By Abigail Edmonds

For the first time in eight years, a Russian delegation from Kurgan, Russia, visited North, through the Fox Cities-Kurgan Sister Cities Program.

Former North Principal Barry O’Connor led the tour, which commenced in the non-academic wing of the school.

Visitors included Alexander Bushmakin, the Kurgan Oblast Regional Director of the Ministry of Justice; Oleg Dubrovskiy, the Editor-in-chief of Kurgan i Kurgantsi City Newspaper; Mikhail Belousov,

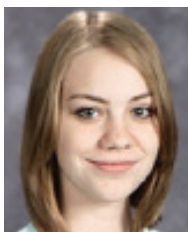
director of Zauralye TV; Valentina Rogovaya, director of the Kurgan Branch of Academy of Labour and Social Relations; Alexei Rogovoj, chair of Human Resource Management Department, Kurgan Branch, Academy of Labour and Social Relations; and Elena Popova, chair of Humanities Department, Kurgan Branch Academy of Labour and Social Relations.

Students in Mrs. Dechant’s marketing class participated in a question and answer session with delegates, learning about business on a global level.

“They think the school is very big,” said Nastya Grigoryeva, an exchange student from Kurgan who assisted in translating.

When touring the academic wing of North, the conversation shifted from extracurricular activities to learning opportunities and methods.

“Because this is a comprehensive school, we have to provide for a diverse student body,” O’Connor said. This differs from the current model of edu-



Nastya Grigoryeva

► Related story Page 9

cation in Russia, where the difficulty of classes depends on the school students attend.

Lunch provided another cultural learning experience. Shuffled through North’s cafeteria, the delegation emerged armed with blue trays, and experienced a typical student hot lunch. Here, the delegate Alexander Bushmakin was not so impressed. “The soup looks like soup, but really it’s the wrong consistency,” Bushma-

kin said through a translator.

The delegates discussed with Principal Huggins, O’Connor, and Brett Schilke, president of the Sister City Project, what they had observed and learned on the tour. “I’m so impressed, I don’t know what to ask,” said Rogovaya. The delegates noted that the emphasis on extracurricular activities was one key difference between the schools, but also recognized the similarities between the Sister Cities. “We are both proud that we can provide quality education,” Rogovaya said.

North student Josh Lepak releases first album

By Marit Bakken

It started off with one song. And then it grew to something much more.

As we wander the halls of Appleton North, most of us are unaware that we are sharing a school with an established singer and songwriter, Josh Lepak. Josh recently released his first album entitled “No Other,” a four song album that is written, produced and developed all by Josh himself. He has always loved writing and singing music, and he first wrote the song “No Other” about a year ago as a fun way to spend his free time. But Josh didn’t stop there. This first song fueled dreams of further recordings and eventually led to the thought of releasing a cumulative work with multiple songs. He devoted all of his free time to producing and writing his songs.

Josh started off just with “No Other,” and then developed three other songs entitled “Nightmares”, “Roller Coaster” and “Waiting on You”. Josh explains his title choice calling his album “independently themed.”

“I feel like you can take the music on an introspective level, and realize that you are the driver of your own fate,” Josh



Josh plays piano as well as sings on his new album entitled “No Other.” Photos by Paige Beckum

explained. “There’s no other in your life who can drive your life.”

The album is filled with the themes of destiny and fate, and the message that you are the only person standing in your way. Each track also tells a different story, and each has meaning for Josh.

“I feel I grew a lot as a writer producing this album,” Josh said. “Nightmares” harkens back to a nightmare that Josh had and felt like he needed to write down and express.

“Roller Coaster” talks about the ups and downs of life, about how it’s hard to always wait in line when you want your own turn for a thrill, for an unforgettable experience. “Waiting on You” is a clever title with two meanings. Josh wrote the song working at the Basil Café, where he was literally “waiting on you,” but it also details waiting on someone to make the first move, with lyrics like “I won’t make another move ‘til you’re capable.”

All these tracks were re-



Josh’s album cover is simple yet classic. The cover photo was taken by Ash and Ember Studio. Cover art by Ryan Kurkowski

“As long as people are hearing it and connecting with the music, I’m satisfied.”
- Josh Lepak

corded and produced by Josh at his house, not at a fancy design studio, and all the sound mixing and sound editing were also done by Josh. And Josh isn’t done with this one album. “I really would like to release another album. I already have ideas on what I can do next,” Lepak said.

Josh hopes to continue learning and writing music



in college, where he wants to major in Contemporary Music Performance and take songwriting courses. You can buy No Other on iTunes now. As for album hopes, Josh says that he’d like to sell many copies of his work, but he says that “as long as people are hearing it and connecting with the music, I’m satisfied.”

Reven McGee reflects on lessons learned during Badger Boys State

By Marit Bakken

Before Reven McGee even went to Badger Boys State he knew he wanted to be a teacher. When he left Ripon, where Badger Boys State was being held, he was even more determined to pursue a career in teaching and public speaking. Reven had the incredible opportunity to be elected superintendent in the program, and believes that learning about the government holds lessons for us all.

For those of us ignorant in what Badger Boys State entails, here’s a refresher. Badger Boys State is a week-long program in the beginning of June that is focused on teaching boys the importance of government and how the government works. There also is a Badger Girls State that is held in June. The guidance department of every attending school nominates three candidates, in this case seniors Stephan Idlas and Michael Pynenberg, along with Reven, were the candidates from Appleton North. This

program focuses on the state government, and students can run for all levels of government. Every day there are seminars on leadership, public speaking, finance and other topics relating to government. Nominees also can participate in other activities unrelated to government; Reven played trumpet in the Badger Boys State band.

Reven decided to run for superintendent due to his love for teaching and was elected with an amazing 86 percent of the popular vote. He was sworn in by the chief justice of the Wisconsin supreme court, and also got to meet Governor Scott Walker. Reven says that the “support from the other participants and his city was what made campaigning possible.” His duties as superintendent involved collecting data from the other participants on the seminars and the program itself to determine what was working in Badger Boys State and what needed to be changed. He was then elected to the Badger Boys State advisory board, of



Reven speaks in front of a crowd; just one aspect of his superintendent duties at Badger Boys State. Photo by Appleton Area School District

which only one citizen from each county is elected to, an amazing achievement. Reven got to talk to the American Legion about how the program can improve for future years. And his duties didn’t stop there! Reven then got to introduce Tony Evers, the state superintendent of Wisconsin at the State of Education address down in Madison, and got his own private tour of office. For all this Reven was

featured on TV twice, once before and once after the education address.

Needless to say, there were some very life changing and special moments for Reven during Badger Boys State. “Everybody is at the top of their class, the best of the best; it was so easy to go in there and talk to everybody as equals,” he stated. “I got the sense that I didn’t stick out.” Reven also had an extra

challenge beyond the fact that he was meeting and speaking to all new people. He is completely blind, yet he felt that he was supported at every turn, and that his blindness wasn’t a hindrance at all. He even campaigned with the slogan “A Vision For Education,” wordplay on his blindness. Reven said that he learned important skills like public speaking, and the importance of public speaking. “Badger Boys State made me comfortable with speaking in front of people, and now I’m considering continuing with public speaking in the future.” And then, there is all the knowledge of government that he received, knowledge that he thinks everyone should be aware of, as government plays a huge part in everyone’s life. He believes that even though not everyone might go into government, everyone should know how it operates. So, next time you see Reven in the hallways, make sure you say hello and congratulations on his Badger Boys State achievements.

Noctiluca Editorial

New federal law slashes calories in school lunches

“I have no idea what’s up,” said Andrew Johnson, a junior and cross country runner at Appleton North. He was referring to the recent changes made to the school’s cafeteria, although similar changes have taken place throughout the nation.

The changes are due to a federal law called the Healthy, Hunger-Free Kids Act. The act, passed in 2010, was made to curb America’s adolescent obesity epidemic through the reduction of calories and increase of fruits and vegetables in school lunches. What the law failed to realize, however, is that even though one third of American adolescents are overweight, two thirds are not.

Setting the new calorie maximum for lunches at only 25 calories above the previous minimums, the new law does not take into account one’s height, gender, physical activity, or school district as it regulates the type and nutrition of school lunches. “I find that preposterous,” Johnson said. “I believe that students should be able to eat as much food as they wish or need.”

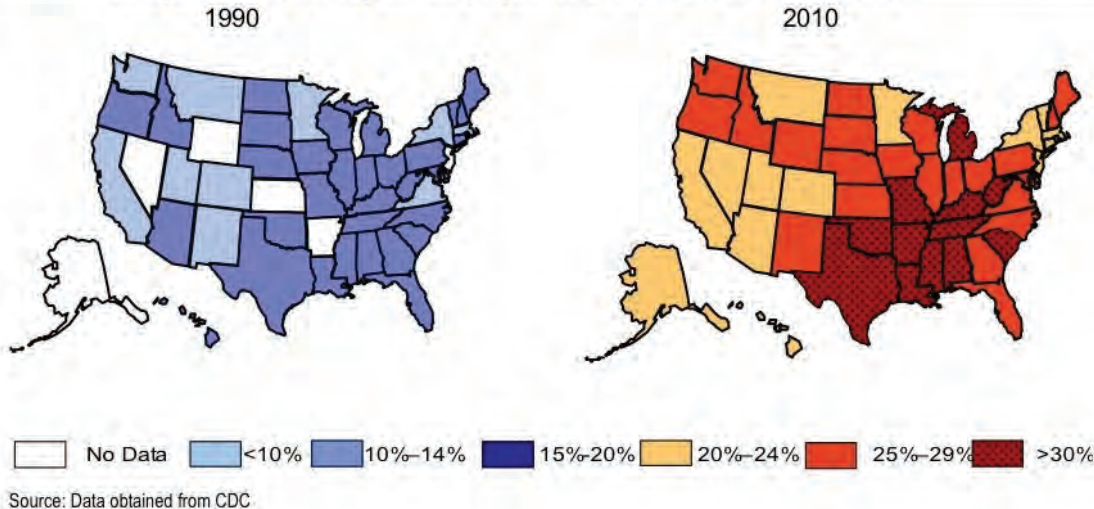


Andrew Johnson

Indeed, WebMd states that an active male aged 14 to 18 can burn around 2,800 to 3,200 calories per day, with an active female of that age burning around 2,400. Assuming a basic bowl of cereal for breakfast, one lunch of 850 calories – at best – is sometimes simply not enough to make it through the day.

In addition, if one lunch is not enough, it is entirely possible for students to supplement a standard meal with numerous, unbalanced items at a greater expense. Take for instance the picture at right of Appleton North Student Matthew Cherney, whose lunch

Comparison of obesity trends (in percent) in the US in 1990 and 2010



North teachers reflect: the lunch of yesterday

To provide some perspective as to how lunch has evolved into its current state, a few teachers were asked some questions about what hot lunch used to be like as high school freshmen in the ’70s. These are their stories:



Patricia Milheiser (1974)

We had cooks that worked at school every day; when we walked in the school, we could smell the freshly made bread – and they had real potatoes for mashed potatoes.

I lived in a farming community, so a lot of extra food was donated, especially in the fall. The lunch ladies that worked there, it was a lifetime job for most of them, and it was a source of pride for them.

There was one option, and that’s what you ate. Hot lunch. It was great! I wouldn’t change a thing. I wish it was still available today. Maybe 10 percent of the kids in the school brought a bag lunch, out of 400 kids.



Doug Davis (1979)

There was a hot lunch that school provided, although there was only one lunch per day; you had no choices, except maybe between beans and broccoli. We only had like choice of fruit or vegetable in the meal, but we had no choice in the meal.

I don’t remember any option that would be considered healthy today, unless it was salad day. There wasn’t a healthier choice that would have replaced the meal.

You could eat as much as you wanted, practically. But it was only something that you would have wanted seconds of. You didn’t exactly go back for seconds, but you could always ask for a bigger helping.



Jim Thaldorf (1976)

It was school made; hot lunch... there was a separate place to get milk. There was a lady there, she sold milk, and ice cream, and good ice cream!

At that time, it was cold lunch, or you had hot; no a la carte, there wasn’t pizza or salad bar, closed campus, no time to get anything else. I believe it was [healthy]. And the portions were right.

On occasion, I’d have hot lunch, and it was fine. It was always a meat, like a chicken or a hamburger, or a meatloaf, or mashed potatoes and gravy. They stuck to basic vegetables, beans, mixed veggies, not things kids wouldn’t eat anyway, like broccoli.

is, quite frankly, ridiculous. It includes three slices of pizza, one large soft pretzel, snack mix, and a smattering of required fruits and non-fat milks. Total cost: in the ballpark of 10 dollars. “What is

the meaning behind such a lunch?” he was asked.

“Well (coughs), it’s 6th hour and I’m starving; I can’t eat otherwise until 5 p.m. I’m hungry-I haven’t eaten since 6:30.”

“Why can’t you just get a normal lunch?” he was then asked.

“Because I’ll still be hungry.”

The Healthy, Hunger-Free Kids Act was supposed to

encourage healthy, balanced eating habits. However, if its stringent guidelines don’t quite fit an individual, getting the right amount of food can be unhealthy, and too expensive for many.

There is a good chance that the Healthy, Hunger-Free Kids Act will indeed lower childhood obesity rates in America, as well as improve the palate of many elementary school students who currently believe that vegetables are “icky.” It is wrong, though, that it is now illegal for school districts, no mat-

“Getting the right amount of food can be unhealthy, and too expensive for many.”

ter how healthy, to craft meal plans that work best for them. As well, it is wrong that a 185 pound football player may only receive 200 more calories in a lunch than an 85 pound 1st grader, and it is certainly wrong that the cafeteria at Appleton North no longer has any salt packets.

Needless to say, the Healthy, Hunger-Free Kids Act will thin some, but alienate many.



Matthew Cherney and his costly lunch. Photo by Alex Leeman

About the Healthy, Hunger-Free Kids Act

- The Act passed in 2010, with major changes beginning in August, 2012
- Set calorie limits per high-school meal at 750-850; old minimum was at 825
- For elementary school students, lunches have between 550 and 650 calories; old minimum was at 633
- Prices per meal have gone up about 10 cents for many districts

- Gives the USDA the authority to regulate nutritional standards for all school food
- Increases amount of students eligible for free or reduced lunches

(Information provided by Austin Grimmer through whitehouse.gov, ABC News, New York Times, Aramark Food Services, Harvard School of Public Health, WebMd, and the Daily Herald of Utah)

Let your voice be heard

The Noctiluca staff graciously accepts any letters to the editor which will be published as space allows. Please limit submissions to no more than 250 words. Anonymous submissions will not be printed and all writing is subject to editing via our policy statement below. All letters to the editor can be dropped off in the designated folder on the door of the Publications Lab at the south end of the LMC, or e-mailed to Mr. Ramponi, the staff advisor, at: ramponiaaron@asds.k12.wi.us.

Noctiluca Mission Statement

To publish news, information, entertainment and opinion articles for and about students, faculty and administration activities, interests and policies. Our goal is to maintain high ethical standards and provide a forum for free and responsible expression of student views. The newspaper strives for a high level of competency and welcomes diversity of scope, depth and breadth of coverage in order to heighten mutual understanding and awareness through our entire school community.

Noctiluca Policy Statement

Published nine times per year, the student newspaper of Appleton North High School is a forum in which its student editorial board makes decisions regarding its contents.

Unsigned editorials express the views of the majority of the editorial board. Letters to the editor are welcomed and will be published as space allows.

Letters must be signed, although the staff may withhold the name in certain circumstances.

The paper reserves the right to edit letters for grammar and clarity, and all letters are subject to laws governing obscenity, libel, privacy, and disruption of the school process, as are all contents of the paper.

Opinions in letters are not necessarily those of the staff, nor should any opinion expressed in a public forum be construed as the opinion or policy of the Appleton North High School administration, unless so attributed.

The Noctiluca reserves the right to publish content in both print and online format.

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My experiences as a Democratic Party volunteer

By Gabe Peterson

When I volunteered to knock on doors during this spring's gubernatorial recall election, I found myself back at the Democratic Party of Outagamie County office downtown Appleton. Decorated with slogans of the famous "Wisconsin 14" and "Solidarity," I couldn't help but feel inspired to make real, permanent change in the state.

The events focused on the June seventh election put the presidential and senatorial campaigning on hold to attempt to recall the controversial Governor Scott Walker.

After giving my time to the Get Out The Vote stage of the recall campaign, I started to help with the general Obama for America persuasion during my summer break, and was delighted to begin helping re-elect President Obama. When OFA Organizers spoke at a June meeting of the Appleton North Democratic League, I learned of a summer fellowship program through

Appleton was a battleground area in a battleground state.

the campaign. Though I never became an intern, I was motivated by the work of other students who took advantage of this opportunity.

Appleton was a battleground area in a battleground state. With strong liberal standings in the urban areas of Madison and Milwaukee, the high-voting rate of the Fox

Cities area makes it a swing region in state and federal elections. Knowing this, the Field Organizers at the OFA office in Appleton proposed for a group of high school students to promote political awareness and campaign-based activism. Although the



Obama supporters at a rally. Photo by Gabe Peterson

majority of these students are too young to cast a ballot, we all know that our work can persuade several others to vote. The "It Only Takes One" campaign was formed with this in mind. Any one person can influence a friend or family member who can do the same, starting a voting chain reaction.

Many students worked together, canvassing, phone banking, and through their involvement with OFA were able to learn the basics of grass roots campaigning.

Through handfuls of rallies and weekends of action, we have been able to meet people with incredible stories.

Numerous speakers have come to northeast Wisconsin to promote the president in

knowledge that our support was a key element in winning the election. My first opportunity to hear a big name speak on behalf of the president was this August in Green Bay. Vice President Joe Biden made a campaign stop to promote the volunteer opportunities in the

As team leader, I attended the Wisconsin Leadership Get Out the Vote Summit in Madison and discussed the most effective tactics for volunteer recruitment and motivation. Speaking with National Field Director Jeremy Bird, I voiced an otherwise unheard opinion of high school students looking for their own campaign promotion and recognition. Mr. Bird's interest and full commitment to discussion and criticism made me fully understand the complete dedication to average Americans of the campaign employees and volunteers.

Easily the most memorable and life changing event I was able to attend this election year was my meeting with First Lady Michelle Obama. Because of my work with OFA, I had the chance to meet and greet Mrs. Obama before she delivered an incredible speech at the Lawrence University Alexander Gymnasium. Her words of encouragement inspired those in attendance and enforced the hard-working and responsible ideals held by her husband and his cabinet.

The opportunities I have been given to grow as a leader throughout my involvement in OFA have taught me the importance of a holistic approach to politics, the importance of getting involved, and getting out the vote.

Cheers and Jeers



Cheers

- **November 7th**, the end of political advertisements.

- **Fall activities**, for proving North pride.

- **Spamalot Cast and Crew**, for another outstanding run.

- **The Hobbit**, for completing the lives of LOTR fans everywhere.

- **Josh Lepak**, for being on iTunes.

- **Wisconsin**, for electing the first openly gay senator.



Jeers

- **No Shave November**, for being disgusting.

- **Sickness**, for sweeping through our school.

- **Disney's acquisition of Lucasfilms**, for the inevitable ruin of Star Wars.

- **Adobe In Design**, for being touchy, fussy, and frustrating.

- **Jack Frost**: you think you can call that snow?

Images by
Andy Barta

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Page 5

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5TH AVENUE NYC

Effects of changing technology surface in the classroom

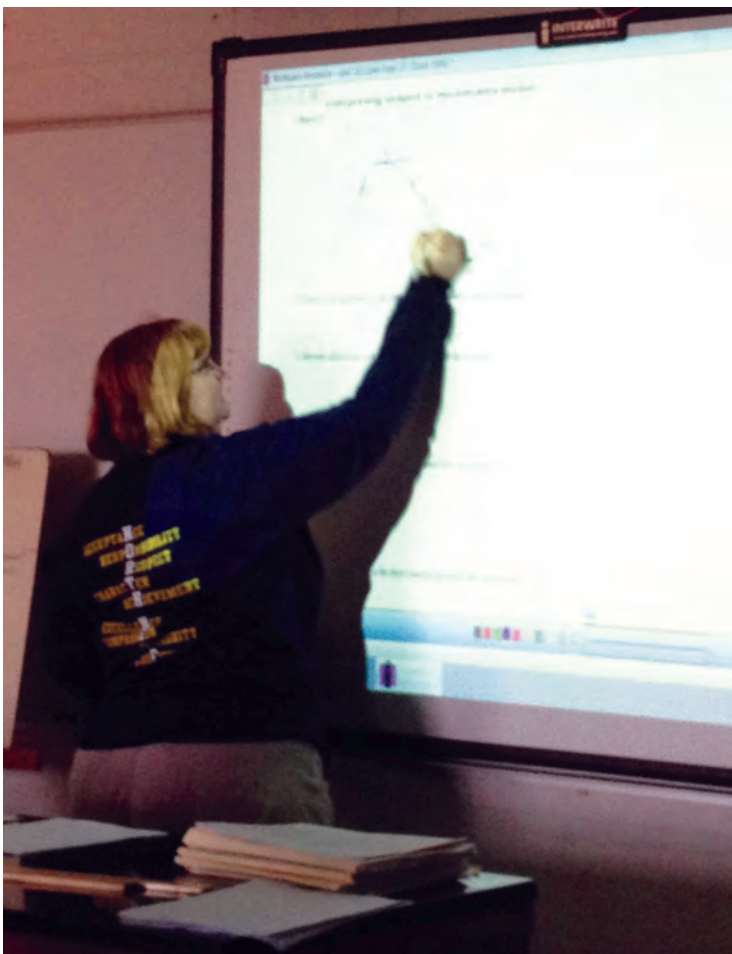
By Kiya Govek

Technology, and the fast-paced change it brings, has become an integral part of modern society, and has no doubt had a profound impact on the school environment of Appleton North.

A couple years back, rules were passed allowing cell phone use in school at the individual teacher's discretion. However, new technology—especially smart phones—have changed society in ways we never imagined possible. These changes are prevalent inside the classroom without the teacher's permission—and contrary to popular belief—teachers are aware.

Even if students think they are being sneaky by hiding behind backpacks or in sweat-shirts to use their cell phones, usually the teachers can still tell. Although there are some instances where smart phones can be used in a positive, and educational manner, by and large, cell phones are considered a distraction in a classroom setting.

Along with the alterations to school-wide rules, teachers have had to amend their individual classroom rules as well. A primary example is “no texting during class time,” though some teachers don't mind cell phone use if there is extra time between the end of their lesson and the bell. Of course, this does



Mrs. Leonard is one of many teachers who use AN Interwrite Board on a regular basis. Photo by Nate Correia.

not mean that they allow cell phones or any devices unrelated to the class to be used during the lesson time. Mrs. Wohlt states in her syllabus that students should “not bring cell phones/electronic equipment to class (including calculators as they are not needed for this course).” She has said, however, that she does not forbid the use of cell phones when she is

work is to be done. Mr. Bates has a similar opinion, stating that it is most important that students pay attention during the lesson.

A widespread exception to the rule of no cell phones in class is in the instance when the teacher needs to look something up. With ever-advancing technology, it has become most convenient and least disruptive for a student to pull out their smart phone to find answers. Mrs. Wohlt said that she has, on occasion, asked a student to look something up on their smart phone.

The new rules allowing cell phones in school have definitely had a strong influence on students, as well as teacher behavior. Mr. Bates mentioned that he finds the new rules are easier on the teacher, as he does not need to confiscate every phone he sees.

Students are also more inclined to refrain from using cell phones in class if they know they can use them during passing time or lunch. Mrs. P. Meyer agreed that the

cell phone use is helpful, not harmful, and won't necessarily become a problem as long as teachers clearly set the rules for their own classrooms to their personal tastes.

Even if the use of cell phones in school is necessary, the general consensus is that the excessive use of modern technology can be distracting and addictive, and may even lead to a lack of respect. Mr. Bates states that “the past five years have created a generation of students who experience anxiety when disconnected from technology.” Mrs. P. Meyer said that the solution is that “students need to learn to use technology responsibly.”

All in all, the recent advances in technology can be beneficial as long as the devices are used appropriately and with good intention. Teachers still see how technology detracts from classes, but many have found new ways to counteract this evolving problem in a positive manner.



Column: Addictive nature of technology targets teens

By Liza Long

These days, our phones have become as integral a part of our lives as eating and sleeping. We sleep with them in our hands, text late into the night, and check them frequently during class. The benefits technology offers are unmatched, but the connections and constant distraction they present are so impactful that they are actually changing our psychological decisions.

No one can deny that technology has become an astounding tool. There are apps for everything—from opening your garage to tracking your car. Not only are phones allowed in school, but they can even be used to develop new education options.

But there's also no denying



North students engage in multitasking while doing their homework at the North LMC.

Photo by Arpita Wahal.

the effect that cell phones have on teenagers and their developing brains.

The science behind our need to compulsively check our phone so often is because that our brain releases

dopamine when we get new messages or notifications on our phones. This release of dopamine makes checking our phone a habit that can quickly become addictive.

Another of our underly-

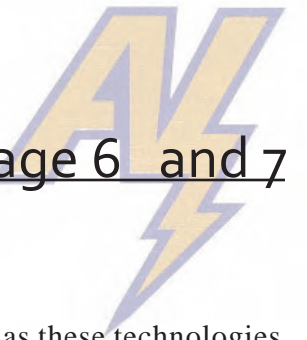
ing instincts technology influences is our need to feel connected. No one likes to feel lonely, and our phones give us an opportunity to be connected all the time. It comforts us to think that we have immediate access to our friends. But do these little snippets of texts and Facebook posts equal connection? Or are they just a carefully crafted digital projection of ourselves, a façade we put up to simplify human relationships?

Not to mention cell phones undermine our ability to focus on any one thing at a time. We are trying to study, but we bounce between our phones, computers, and music all at once. Not a very productive method.

Of course, there are so many good aspects to this technological dilemma. Cell

phones shrink physical distances. More teachers are posting assignments digitally, making it easier for students to stay ahead, wherever they are. And friends and family are only the press of a button away, no matter how long the distance.

But regardless of how much we love and cherish our precious gadgets, they won't ever hold the answer to everything. There are times we have to hit the off switch and rely on complicated, old-fashioned interpersonal communication to get us where we need to go.



Mobile Devices: Looking to the future

By Colton Bennett

Late last October, many were astonished when Apple released their new installment in the iPhone series: the iPhone5. This release met staggering numbers of fans, as it sold over five million of these mobile devices in the first three days of its release.

Many gawk at the so called “developments” of this new installment, while others standing aside are displeased. However, the real questions remain, “What do these new developments mean for newer devices?” and “How will the developments of these devices affect us?” These questions hail many speculations and ideas of whether they will take place soon or in the distant future.

Future advancements, whether they are near or far, are constantly being speculated upon and



Developers have been working to create smartphones with ID detection so phones will unlock only when used by the owner. Photo by MCT campus.

sought after. A portion of the advancements being documented currently are more of a continuous process of improving a past feature, such as the improvement of graphics, the operating systems, and the other physical properties of the devices, but many of the ideas currently circulating have a more futuristic and cutting-edge

essence about them.

One of the hottest topics is the idea of laser technology keyboards. The technology of holographic projection keyboards has been extensively researched by Apple to be applied to the iPhone series, and has recently seen a development as it was released that Apple had patented a device called the “Pico projector”

to be used for such system.

Other ideas include the use of solar energy, advanced fingerprint identification technology, and even the idea of cell batteries powered by soft drinks and other carbohydrates.

While most of these developments are theories that have no time frame for release, such as the fingerprint ID screen and the carbohydrate-powered battery, all have the potential

While most of these developments are theories that have no time frame for release, all have the potential for being a reality in the near future.

for being a reality in the near future. For example, Pico projector has been patented and is expected to be featured in the near future, as well as more advanced systems of wireless charging and optimal operating systems.

But as these technologies open the doors of possibility, they are also viewed in a contrasting, negative way. Teachers and students both see the negatives of technology, despite cool new features and progressive ideas that technology brings.

Communication Arts teacher Mrs. Bruch fears that today's teens waste more and more time on these devices. “Overall, people are reluctant to communicate face-to-face now because of the utter over-use of technology in the place of communication.” Some believe that the over-use of technology destroys communication skills that are needed by all.

Others such as junior, David Brooker believe in the opposite view, which is that of the usefulness of technology. “If anything, technology increases communication skills due to the constant use of these devices.” And while differing opinions do exist, one can not deny that technology is on a fast-track of progress that has yet to be stopped.



Technology: From past to present

By Katie Fleming

When we think of technology, many of us envision cell phones, laptops, and iPods. It's amazing to think that only a decade ago, some of these things didn't even exist. Cell phones required antennas, the word “texting” had yet to enter our vocabulary, computers were far less advanced, and the touch-screen technology found in today's tablet devices was only a futuristic dream.

Even just fifty years ago, the most useful piece of technology available was the typewriter and black and white television. Now look at us. Books are being replaced with Kindles, you no longer need a radio to listen to music, and you can have face-to-face conversations

with people on the other side of the planet.

Looking back to past generations, there's no denying that we are extremely privileged with the technology we have today. The first cell phone to ever hit the market weighed two pounds and had a battery life of only thirty minutes. The antique, chunky devices bear no comparison to the lightweight iPhone 5 which comes with eleven hours of battery.

Even the technology of today is already changing. Text messaging is a rather recent phenomenon, but now we can save ourselves the trouble of having to type out every word and instead simply speak into our device and watch it write our message for us. iPhone users are familiar with Siri, an auto-

mated search engine who answers all your questions and also takes on the role of your personal assistant.

Remember in 2001 when the very first iPod came out? We may now consider them “pieces of junk,” but eleven years ago, it was revolutionary technology. The first iPod, which arrived in Octo-

Even just fifty years ago, the most useful piece of technology available was the typewriter and black and white television. Now look at us.

ber 2001, had the sole ability to store 1,000 songs. Slowly, over the years, more features

were added such as the camera, video, internet access, and the ability to install apps. The iPod is a piece of technology that seems to change almost constantly.

Advanced technology can also now be found in the classroom. Some teachers have begun to assign online homework by taking advantage of student email accounts and web sites such as Edmodo.

This year, most of the computers in the school have been replaced with new ones that have the newest Windows software. The classic chalkboard has also been replaced with InterWrite boards, which are much more efficient and allow teachers to project documents onto a screen and write on them with an elec-

tronic pen.

We definitely take modern technology for granted. Whether we realize it or not, we are extremely dependent on our smartphones and other gadgets to get us through the day. If all of it suddenly disappeared, it would be very difficult to get used to living the way we did only a few decades ago. The difference between then and now is truly remarkable. Just think of the technology that the next generation will have access to!

Student spotlights



By Leah Dreyer

- **Name:** Zach Lyons
- **Grade:** 9th
- **Hobbies/Activities:** Biking and lifting weights
- **Favorite School Subject:** Science
- **Favorite Color:** Green



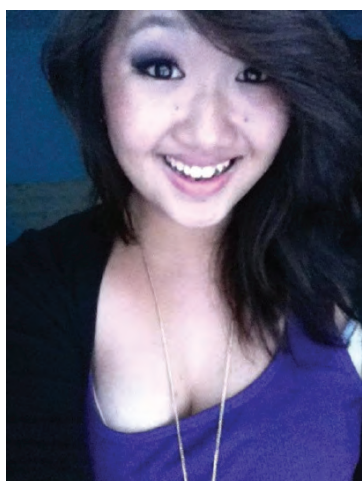
By Elizabeth Floodstrand

- **Name:** Paige Meyer
- **Grade:** 10th
- **Hobbies:** Bowling, hanging out with friends, Baking
- **Favorite Genres of Music:** Pop and Country
- **Favorite School Subject:** French or Adventure Education
- **Quote:** "Life is like a math book, both are full of problems, the further you go, the more complicated they get." – Kalia Yang



By Monica Stoeger

- **Name:** Megan Stumpf
- **Grade:** 11th
- **Hobbies:** Softball, surfing the Internet, hanging out with friends
- **Favorite School Subjects:** Biology and Chemistry
- **Favorite Book Series:** The Ruby Oliver Series by E. Lockhart
- **Quote:** "YOLO. You only live once, but if you do it right, once is enough!" - Unknown



By Monica Stoeger

- **Name:** Tammy Thor
- **Grade:** 12th
- **Hobbies:** Singing, writing, reading, basketball
- **Favorite School Subject:** Choir
- **Favorite Band:** Breaking Benjamin
- **Quote:** "You're a source of strength but a waste of energy." - Dumbfoundead

TREKking thru High School

By Abigail Zabronsky



Let Wilmar satisfy your sweet tooth

By Molly Biskupic

If you can find a way to resist the homemade candies and free samples at the front of Wilmar Chocolates long enough to make it to the back, you'll be in for quite the treat. With the perfect mix of inspiration and chocolate, "Wilmar's Build your Own Chocolate Bar" is the perfect fix for a sweet tooth.

For nine dollars and fifty cents, you can create something truly mouthwatering. The choices are endless: milk chocolate, semi-sweet chocolate, or a mix of both as your base; then four ingredients from a list of options as long as you can imagine, with everything from potato chips to pop rocks. And if you're feeling extra creative, feel free to add a finishing touch with any of their four seasonings: cayenne pepper, cinnamon, sea salt, or my personal favorite, sweet curry.

Next, watch as the resident



Julie, a candy-making specialist at Wilmar Chocolates, coats caramel apples with chocolate. Stop in to buy sweet delicacies and to build your own chocolate bar. Photo by Thomas Stoeger

chocolatier skillfully combines your ingredients into the perfect one pound bar.

My own masterpiece chocolate bar was the perfect combination of semi-sweet chocolate with cashews, banana chips, peanut butter chips, toffee, and sweet curry. If you think you can make something bet-

ter (though it is unfeasible), you can order one at any time (with a 24 hours notice) online at wilmarchocolates.com or in-store from 11-5 on Thursdays, Fridays, or Saturdays.

Wilmar Chocolates is located on 1222 N. Superior, on the corner of Wisconsin and Superior.

10 Must-haves: Thanksgiving foods

By Monica Stoeger

- Oven Roasted Turkey
- Stuffing
- Mashed Potatoes
- Grandma's Homemade Dumplings
- Steamed Yams w/ Brown Sugar
- Scalloped Corn
- Green Bean Casserole
- Hot-out-of-the-oven Dinner Rolls
- Cranberry Jelly
- Pumpkin Pie w/ Whipped Cream

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Student of the month: Anastasiya Grigoryeva

By Martha Koenig

If you haven't yet had the chance to meet Anastasiya, an exchange student attending North from Kurgan, Russia, our sister city, I recommend that you do. Anastasiya is 17 years old and is really enjoying being here at Appleton North. She is involved in One-Act and is having so much fun meeting all of the fun and interesting people involved, and says that being part of the theatre program is a great experience and recommends it to new and veteran North students looking to get involved.

The Noctiluca: What did you think America would be like before you came? Now that you are here?

Anastasiya: I think of America as a very free country where people can think very free, and they can act very free. The word that describes my expectations of America is freedom. I think that this is still true now that I am here.

N: How is school different?

A: The school is smaller, but the amount of people is similar. We don't have freshman, sophomore, junior and senior. High school is 9th 10th and 11th grade and after 11th grade you will graduate.



Now that I am here, I don't have my friends or my family with me so if I have questions or a problem I need to solve them by myself. I need to learn how to make my own decisions.

Breaks are bigger. We don't have lunch time, but we have bigger breaks which are 20 minutes. Gym class is also a lot more fun here. In Russia we don't have theatre and orchestra.

N: Is the work easier or harder?

A: The work is harder in America. I should work a lot harder than I normally do to learn more of the language better.

N: What is the coolest thing you have seen?

A: The coolest thing I have seen so far is the spirit week for homecoming. The old people were so funny! It's re-

ally cool to see people show spirit for their school. The homecoming dance was also a lot of fun.

N: What has surprised you about America?

A: Probably that people are more worried about their future and their political life. They are very worried about who will be president. They are very excited to participate in the political life of their country, and they really want to lead their country to a better life.

N: What have you learned so far from being a foreign exchange student?

A: Being more patient and now that I am here, I don't have my friends or my family with me so if I have questions or a problem I need to solve them by myself. I need to learn how to make my own decisions. Everything depends only on me. I am totally responsible for my life.

N: What is the most fun thing you have done?

A: I had a fun time with my host family when we traveled to Madison. There was a festival there at the time but I don't remember what it was. It was really exciting and there was a lot of people. I could see the culture and the way everyone communicated while seeing the sights of the city.

Lana Del Ray re-releases album Born to Die

By Elise Painton

26-year-old Lana Del Rey recently hit success in the UK with her enchanting tunes, including "Born to Die", "Video Games," and "Blue Jeans", all tracks off her debut album Born to Die. On November 13, her EP, Born to Die: Paradise Edition is set to release in the US. As the title implies, it is a re-release of Born To Die, but also includes eight new charming tracks, including, "Yayo," "American," "Ride", and a cover of "Blue Velvet". Her signature mellow and vintage sound does not fail to carry through, as shown by her EP trailer, released on YouTube in early October. Del Rey successfully keeps a mysterious aura to her music and image, which many critics find intriguing. Expect her vocals to enchant the soul and evoke emotions.

Lana Del Rey, born as Eliz-

abeth Woolridge Grant, came from singing in



NYC clubs to performing in glamorous LA venues and making dramatic appearances worldwide. Her debut album, Born to Die, sold 2.8 million copies, making it one of 2012's best-selling albums. She credits herself to a sultry sound, including strong references and appreciation of pop culture from the 1950's and 60's. In an interview, Del Rey revealed that she aspired "...to be part of a high-class scene of musicians..." which she did achieve, and by doing so, created a name for herself not only in pop culture, but for her fans.

Can you ID what this is?

In every issue, we will feature a close-up photo of an object around the school.

If you correctly identify what the object in the picture is, you could be featured in the next issue's student spotlight.

To play, just jot your answer and name on a piece of



paper and put it in the envelope on the Pub Lab door in the LMC.

What's on your playlist?

By Melissa Bougie, Julia Lammers, Maya Murzello, Paige Palomaki

Staff

Mrs. Bruce



- "Ho Hey"
-Illumineers
- "Call Me Maybe"
-Carly Rae Jepsen
- "One More Night"
-Maroon 5
- "Come Away With Me"
-Norah Jones
- "Lights"
-Ellie Goulding
- "Knock on Wood"
-Donna Summer

Freshman

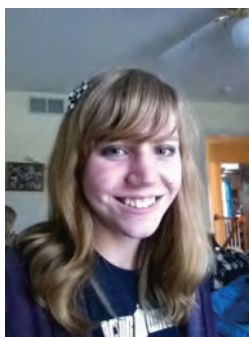
Benji Backer



- "Tiptoe"
-Imagine Dragons
- "BangaRang"
-Skrillex
- "Too Close"
-Alex Clare
- "Superbad"
-Travie McCoy
- "Radioactive"
-Imagine Dragons
- "So Good"
-B.O.B

Sophomore

Maddie Jensen



- "Looking Up"
-Paramore
- "Give Me Your Hand"
-The Ready Set
- "Kiss Me Again"
-We Are The In Crowd
- "To Die For"
-Tonight Alive
- "Back Then"
-Baywood Park
- "Everything You Dreamed"
-Verona Grove

Junior

Emma Kohl



- "Drops of Jupiter"
-Train
- "Boston"
-Augustana
- "Breakin' Free"
-High School Musical
- "Gold Digger"
-Kanye West
- "Imagine"
-John Lennon
- "Miss You So"
-John Lennon

Senior

Joey Jandacek



- "Less Cute"
-Say Anything
- "Dance So Good"
-Wakey! Wakey!
- "The Fox "
-Mutual Admiration Society
- "Little Talks"
-Of Monsters and Men
- "Boy with a Coin"
-Iron and Wine
- "Home"
-Edward Sharpe and the Magnetic Zeros

Update your closet with new fashion trends

By Rachel Brosman

The seasons of fall and winter bring many things to mind. Going back to school, Friday night football games, homecoming, the first snowfall, and for some of us, fashion trends. A “season” to the fashion-forward usually involves new runway shows and monthly magazines displaying the current state of the designer’s creative minds. And even for those of us that keep our fashion IQ well-above average, we all know the real trick is to know which items to include in your own wardrobe. So here are the hottest, and most wearable, trends for this fall and winter season.

A very popular Western inspired trend is the denim shirt. Used as a neutral, just like your favorite pair of jeans, this piece could virtually be paired with just about any bottoms. And the sister of the denim shirt, the denim vest, can also become a staple

of your fall wardrobe. But while a light wash denim top or vest is considered trendier, all washes and shades of denim are approved of by yours truly.

Along with the denim shirt, a good pair of patterned jeans will be certain to make a statement. From acid wash, to floral, to snakeskin, and leopard, there is a print out there for everyone. Whether you prefer the classic skinny jean, or a comfy pair of jeggings, you can be sure to find a printed pair of denim.

However, for a more formal occasion, you may want to go for a peplum skirt or dress. The peplum style originated in the 19th century, and is defined as a short overskirt or ruffle attached to the waistline of a jacket, blouse, or dress. It is generally a tight piece of clothing besides the peplum itself, which goes from the waist to the bottom of the stomach area, and tends to be quite flattering. Currently,

peplum styles are seen in just about any color or pattern, and can add a unique flair to any skirt, dress, or top.

Polka dots, the hottest pattern of the season, are quite the classic. From miniscule specks, to large circles, polka dots have taken center stage. Generally seen on tops, polka dots add a vintage feel to girly pieces such as sheer button up blouses, peter pan collared shirts, or even darling pull-over sweaters.

Despite individual pieces, specific colors are always a trend of fall and winter fashion. With numerous names; oxblood, maroon, or burgundy, this deep shade of red is known as the “it” color. Use it in your cold weather pieces such as comfy cable knit sweaters, scarves, or even a pair of jeans. Along with this hue, metallics also hold their own this season, especially gold. This classic metal is everywhere from jeans, to blouses, to accessories. Gold



The ever fashionable Kira Fischer sports her fall wardrobe. Photo by Nate Corriea

are a must. In black or brown, many styles have shiny studs to make them stand out even more. If you like the look and extra height of heels, but not the aching pain; try a pair of wedges. Ankle boot wedges go perfectly with dark wash skinny jeans and practically any cute top in your closet, mix and match! Still not enough comfort? Don’t worry; flats are always in style. But to change it up, instead of a ballet flat, try a pair of oxfords or loafers. Although inspired by menswear shoes, they can still be girly with bright colors and pretty details.

Back to school shopping may already be done, but there’s nothing wrong with a little closet update in between seasons. With these trendy pieces, your wardrobe will be sure to impress even the trendiest of fashionistas, or maintain your already fashion-forward status as the fairest of them all.

‘Perks of Being a Wallflower’ sure to be a modern classic

By Melissa Bougie

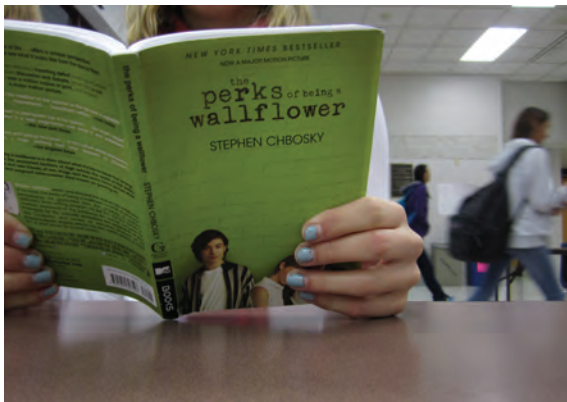
Labeled as “ ‘The Breakfast Club’ for the new millennium,” the newly released movie *The Perks of Being a Wallflower* is a must see for any high school student looking for a good laugh, a good cry and a little more appreciation for our teenage years.

Based off the classic novel by Stephen Chbosky, “Perks” is a light, funny, loveable movie with a darker twist. The movie begins as Charlie (Logan Lerman), fresh out of a mental hospital, looks forward to starting his first day of high school on a blank page.

His inability to make friends, however, leads him to fall in with a clique of misfit seniors, including gay best friend Patrick (Ezra Miller), intelligent yet self-focused Mary Elizabeth (Mae Whitman), and the loveably quirky Sam (Emma Watson). As his freshman year goes on, not only does romance ensue (what else do you expect from a teen drama?) but deeper issues emerge that not only make the film profoundly relatable, but causes us to understand our own lives and this funny little thing we call high school to a greater extent.

However, North student Martha Koenig warns that before reading the book or watch-

ing the movie, one needs to understand that there are some instances of violence, drugs, profanity and general inappropriateness, but that without it, the story wouldn’t be as good as it is. Directed by the author, Chbosky, himself, the movie is sure to capture the North student body’s attention as hilarious and true, charming and nostalgic, depressing and enlightening. The story also comes alive due to its abundance of one-liners. “We accept the love we think we deserve,” and “In that moment, I swear we were infinite,” stand out as two quotes that are known to hit home with many North “Perks” fans. But perhaps the reason why these lines resonate so deeply is due to their relatable nature. Martha states, “I think we can all apply that to our own lives. People form relationships with the people they think that they deserve to have relationships with, and you can tell a lot about someone’s self-esteem by the people that they



Before she see the movie, Abigail Kuenster is reading the book, *The Perks of Being a Wallflower*. Photo by Elise Painton

associate themselves with.”

In my personal opinion, the movie, one liners and all, by no means grasps the depth and darkness of the book; but this is not one to pass off as typical teen glorification. As quotable as “Mean Girls,” and as relatable as “Breakfast Club,” “The Perks of Being a Wallflower” makes both light and dark of the teenage years. It is no doubt deserving of the modern classic status it has received. Although when asked whether she preferred the movie or the book, Martha shot back without hesitation, “I think it’s a tie.”

So whether you read the book, or watch the movie, or both—you are sure to experience a story full of the raw realism of high school we all crave to be understood in.

Recipe of the Month: Invisible lollipops

By Maya Murzello

Not sure what to do with your left over candy? Try this quick and easy recipe. With lots of sugar, these treats are sure to be delicious.

Ingredients:
2 cups sugar
2/3 cup light corn syrup
Assorted candies and seeds, such as red and black licorice whips, candy corn, and hulled pumpkin seeds

Directions:
Line three baking sheets with Silpat nonstick baking mats or parchment paper. Prepare an ice-water bath; set aside.

Bring sugar, corn syrup, and 1/4 cup water to a boil in a small saucepan, stirring until sugar is dissolved. Don’t stir, but occasionally wash down sides of pan with a pastry brush dipped in cold water to prevent crystals from forming; boil until mixture turns golden and registers 300 degrees to 310 degrees (hard-crack stage) on a candy thermom-



Photo from MCT Campus.

eter, 5 to 7 minutes.

Immediately set pan into ice-water bath to stop the cooking (syrup will steam vigorously); let sit about 20 seconds. Swirl pan 2 minutes more to cool.

Working quickly, pour syrup onto baking sheets, forming circles (3 to 3 1/2 inches in diameter) and spacing pours about 4 inches apart

Press in lollipop sticks. With your fingertip or a wooden skewer, lightly press candies and seeds into syrup. Let stand until completely hardened and cooled.

Interested in writing for the *Noctiluca’s* culture section? Contact Maya Murzello via Facebook.

One on One with Clark Eagan

By Miller Jozwiak

How good is the Arkansas Razorback baseball squad? Well, they are one of the top division one programs in the nation, taking third in the CWS last year. Playing for a team like that would be a pretty big deal to anyone, especially Clark Eagan.

Clark is a senior here at North and is committed to Arkansas on a baseball scholarship. It is legend that Eagan began swinging a bat before he could crawl. His first words were "I love baseball. Baseball and America." It's common North legend that Clark is a direct descendent of Adner Doubleday, the creator of baseball itself. His swing is said to look like a combination between the Babe's and Robin Yount's. Rumor has it when the ball leaves Clark's hands the lightning of Zeus himself cracks across the sky in riotous fury. Some of those ideals may be a bit inflated, but here's some words from Clark himself:



Senior Clark Eagan plans to take his talents south and play for the Arkansas Razorbacks. Photo by Nate Correia

Miller: When did you start playing baseball?

Clark: At the age of 5 I would go hit balls off the tee in my back yard.

M: What is your best baseball memory?

C: Making it to the state tournament two years in a row and last year hitting a homerun on the first pitch of the first game at the state tournament.

M: If you could play on a professional club which would it be?

C: The New York Yankees for my main man Connor Gross and cause of the tradition they have built.

M: What are your college goals?

C: I want to start as a freshman and win a college world series title.

M: What position do you play?

C: Outfield and first base.

M: Do you love America?

C: I love America with all my heart, how could I not? It created baseball.

Two boys race their way to state Cross Country

By Max Edwards

Along with the Lightning Girls' Cross Country team, who are made their team appearance in WIAA Cross Country championships, both Boys' Cross Country members senior Jordan Knapp and junior Tanner Daines raced their way into individual qualification spots for the season finale race.

Once down to state, Daines ran a 16:40 and a 55th place finish and Knapp ran a 17:37. The state course in Wisconsin Rapids challenged runners with many rolling hills and varying terrain.

Knapp snagged an 8th place finish at the sectionals meet at Lake Breeze Golf Course on Oct. 19, grabbing the last qualifying slot. Daines ran 16:23 in his second place performance, also qualifying for the state meet.

Tanner's time was not only the fastest time of the season, but also the second fastest 5K time ever posted by an Appleton North cross country runner.

Congratulate these young men on their fantastic season and look for them both to continue their distance running successes during track season this spring.



Junior Tanner Daines races towards the finish. Photo by Kim Ritzow



Senior Jordan Knapp runs his way to state. Photo by Kim Ritzow

Meet the athletes of the month

By Miller Jozwiak

Stephan Idlas

1. How long have you played football? What made you start?

I started playing when I was ten years old because I wanted to and I thought it would be a fun sport to play.

2. Favorite memory involving football?

It is hard to top the past two years when we have beaten Kimberly in extremely close games.

3. What was your reaction when you heard you were lineman of the year?

I was very surprised because there are many good offensive lineman in the VFA North. Then, I felt very thankful and honored because it was coaches' choice.

4. Football is a massive spectator sport at North but it can always im-



prove. Why should a reader go to a football game?

The atmosphere surrounding the games every Friday night is something truly special with the band, cheerleaders, fans, and game itself. Also the players on the field really feed off the fans' energy.

5. Do you have any plans for football after high school?

This has been a privilege and an honor, but after it ends I have no plans to play in the future.

Kelly Stymiest

1. How long have you played tennis? What made you start?

I've played since I was about 4 years old. And I think I got started because my parents thought I would like it.

2. Favorite memory involving tennis?

My favorite memory involving tennis was going to Nationals in Alabama in 8th grade, and also playing at state this year.

3. Describe how state tennis was.

State was a lot of fun, there's a ton of energy and such good competition. Also, Drew Eastman, Jake Ropella, Trevor Carli and Natalie Sheu came down to watch, so that made it even better.



4. Tennis isn't a big spectator sport at North. Why should a reader go out to watch you?

It's something no one really ever thinks to go watch, but it's a fun sport and everyone should go watch at least once.

5. Do you have any plans for tennis after high school?

I want to go to Madison, so if that works out I will probably just play intramural or club tennis.

Girls' Cross Country runs to goal

By Kate Drankoff

At the end of a very intense race, the Girls' Cross Country team looked around and wondered if they achieved the goal they made at the start of the year: to qualify for state.

After the final count, Appleton North Girls' Cross Country had qualified for state. Coach Annette Jadin was ecstatic.

This came as somewhat of a surprise because the whole varsity team was underclassmen including three freshmen.

At state the Girls' team ran to a 10th place over-



The team celebrates their sectional victory. From the left: Lauren Drankoff, Payton Fors, Kaitlin Squier, Maggie Burneske, Isabel Edmonds, Alyssa Gruender, Lauren Farina. In back Kendra Jensen and front Katie Flood. Photo by Kate Drankoff

all finish led by top finish- place and Lauren Farina in ers Kendra Jensen in 39th 62nd place.

The results at sectionals: **Kendra Jensen**, Sophomore, time of 15:18, placed 7 overall.

Lauren Farina, Freshman, time of 15:27, placed 9 overall.

Maggie Burneske, Sophomore, time of 15:38, placed 14 overall.

Kaitlin Squier, Sophomore, time of 15:42, placed 17 overall.

Lauren Drankoff, Freshman, time of 16:03, placed 27 overall.

Payton Fors, Freshman, time of 16:09, placed 29 overall.

Isabel Edmonds, Sophomore, time of 16:16, placed 31 overall.

Fall sports see strong finish

By Trent Beilke

The 2012 Appleton North Fall season has come to a close, so it is time to look back and reflect upon the latest successful season.

The football program built onto its great reputation by finishing with an 11-1 record going unbeaten in the regular season. With the unbeaten season the football team was the outright conference champs and was a number one seed for the playoffs.

The boys' volleyball team rewrote the record books this year. They began the fall season as the number one ranked team in the state and decided that they were never going to give that up. They ended the year hoisting up the golden ball and succeeded in being the first North Volleyball team to win the state championship and to have an unbeaten season. The Girls' Volleyball team also found success by finishing fourth in conference and ending the year with a 17-23 record.

The soccer team fought their way to another second place conference finish and a place in the sectional semifinals. They finished the year with a 16-6-2.

The cross country team also found the success it had worked for with the whole girls' team qualifying for state and the boys' team qualifying two runners.

The girls' tennis team finished the year strongly as a team and sent one player, Kelly Stymiest, to the state tournament.

The girls' golf team continues to build and this year came one spot away from qualifying as a team to the state tournament.

The girls' swim and dive team produced another successful season by sending a group of girls down to the state tournament.

Congrats to all the fall athletes that participated in the successful fall season.

Appleton North Bowling Club strikes again

By Whitney Shapiro

Tuesday, October 2nd marked the Appleton North Bowling Club's first practice this season. It's about a month earlier than the season has begun in the past, but as the high school bowling league continue to get more competitive, more preparation is needed to make Appleton North High School Bowling one of the strongest teams in the conference.

The coaching staff for the bowling team consists of three members. One head coach for the girls' team; Coach Mike, and two coaches for the boys' team; Coach Van Dera and Coach Verhagen. Together, these coaches help bowlers with their form, finding their mark, and picking up spares. They also hold an array of knowledge regarding oil patterns on the lanes, to help their bowlers find the best spot to throw the ball for a strike.

The girls' bowling team this year is feeling just as strong as it did at the end of the season last year. Only



Whitney Shapiro practices for another 300 game. Photo by Griffen Bell

losing one senior on the varsity squad, the girls feel confident in their ability to qualify for the Wisconsin State Bowling Tournament for a second year. Senior bowler Michaela Otto explains, "Out of our ten var-

sity bowlers last year, five of them were freshmen; we have not lost a lot of seniors like other schools have. With our team even stronger than it was last year, I'm sure we will be a team to worry about."

Some of the bowlers on the girls' team with the most potential include sophomore Paige Mayer, and senior Michaela Otto.

The boys' team is looking strong for the season ahead as well. Their team was also able to qualify for the Wisconsin State Bowling Tournament last season, with the assistance of State ranked bowler Matthew Cherney. Cherney is a junior bowler this year looking to again qualify for the individual state tournament as well. Senior Nick Verhagen said, "I think with the amount of practices we are getting in before our first meet, we will be able to start this season strong and we hope to finish the season the same way."

So what are the goals for the Appleton North Bowling Club this year? The coaches and team members agree that a strong standing within the conference along with qualifying for the state tournament as a team again, for both boys and girls are definitely a possibility.

Go see...

Nov. 27

Boys Basketball vs Neenah at North. JV 5:45 p.m. Varsity 7:15 p.m.

Nov. 30

Girls Hockey vs Xavier at Tri County Ice Arena at 8:30 p.m.

Nov. 30

Boys and Girls Basketball vs West at West. Girls 5:45 p.m. Boys 8:30 p.m.